

Sinless

Luke 4:1-13

God Story

Jesus in the Wilderness
Luke 4:1-13

Big Idea

Jesus lived a sinless life.

Key Verse

"We have come to believe
and to know that you are
the Holy One of God."
John 6:69

Leader Tip

Pray for the students in
your group before they
arrive.

My Story

1. Conversation Starter

7 MINUTES

Review what this series has covered so far and introduce today's Big Idea. Talk about whether the students fight with their siblings and what it means to sin.

2. Intro Activity

5 MINUTES

Have fun trying to hit a bullseye with a toy arrow to illustrate how difficult it is to hit the mark.

God Story | Life Story

3. Weekly Video

12 MINUTES

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

My Story

4. Application Activity

12 MINUTES*

Discuss temptations in the God Story and in the students' lives. Read Hebrews 2:18, Hebrews 4:15, and 1 Corinthians 10:13, then draw connections to today's lesson.

5. Wrap-Up Activity

10 MINUTES

Work in groups to act out (or discuss) the students' responses to a few different scenarios.

Our Story

6. Dismissal

2 MINUTES

* Extend as needed and adjust timing for other activities.

My Story

1. Conversation Starter

Supplies

- None

Leader Tip

If you have a funny story about a fight you had with a sibling when you were younger, share it with the group.

Instructions

- As the students arrive, greet them and gather everyone together.
- Check in quickly to see how their week went.
- Remind the group that we're in the middle of a series about Jesus' life. We've talked about how he is God's greatest promise, how Jesus lived a human life just like us, and that he was God's loved son.
- Introduce the Big Idea: **Jesus lived a sinless life.**
- Ask:
 - If you have a brother or a sister, do you ever fight with them?
 - It seems impossible to grow up with siblings and never bicker. Jesus had at least a couple of brothers—and he lived a sinless life! How often do you have a day when you don't sin?
 - Sin can be a "churchy" word. How would you explain it to a friend who asked you what sin is?
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.
- Emphasize that sin is missing the mark—when we make unwise choices that hurt God and others.

2. Intro Activity

Supplies

- Bullseye
- Wall-safe tape
- Toy bow and arrow
- Prize

Before the Activity

Hang the bullseye on a wall.

Instructions

- Direct the students to take turns trying to hit the bullseye with a toy arrow.
 - As they take aim, talk about how sin is missing the mark.
 - Award a prize to whoever was closest to hitting the mark.
 - To wrap up, point out how many times the students missed the bullseye. Jesus hits the mark every time!
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God Story | Life Story

3. Weekly Video

Instructions

Supplies

- Video file

- a. Play the video. It includes:
 - Host segment
 - God Story (Jesus in the Wilderness | Luke 4:1-13)
 - Life Story (Dan asks kids to share about how we can live sinless lives, how often we sin, and what sin is. He uses axe throwing as an example of sin being missing the mark.)
- b. Invite the students to give a quick recap of what happened in the God and Life Stories.
- c. Ask:
 - What stood out to you in these stories?
 - How do they connect together and also to the Big Idea?
 - Why do you think it matters that **Jesus lived a sinless life**?

My Story

4. Application Activity

Instructions

Supplies

- Bibles

- a. Discuss:
 - What is this month's Key Verse? (John 6:69)
 - What were the three ways the Devil tempted Jesus in the wilderness? (a loaf of bread when he was hungry; being offered control of kingdoms; jump off the temple to prove the angels would save him)
 - What kinds of things are we tempted by today? (e.g., materialism; power; watching things or thinking about others in ways that don't honour them or God)
 - What can we learn from Jesus to help us be strong in situations that tempt us?
- b. Make sure everyone has a Bible. Share them if needed.
- c. Depending on what works best for your group, have individual students look up and read aloud the following verses or separate the students into three groups and assign each of them a verse: Hebrews 2:18; Hebrews 4:15; 1 Corinthians 10:13.
- d. After reading each verse, discuss:
 - What does this teach or remind us about Jesus?
- e. How could this verse help us become and live more like him?

5. Wrap-Up Activity

Supplies

- Scenario cards

Instructions

- Divide the students into three groups.
 - Give each group a card and direct them to act out (or discuss if that works better with your students) what they would do in that scenario.
 - Once they've come up with a response, give them the opportunity to present it to the other groups.
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Our Story

6. Dismissal

Supplies

- Take-home cards
- Key Verses cards

Instructions

- Take a few moments to pray for the students if you have not already done so.
 - Remind everyone about any upcoming events or relevant announcements.
 - Make sure the students have all their take-home materials.
 - Ensure the adult teaching is over before dismissing the students.
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