

# CREATED TO BE

## God Story:

David and Goliath | 1 Samuel 17

## Big Idea:

God helps us be who he created us to be.

## Key Verse:

The Lord does not look at the things people look at. People look at the outside of a person. But the Lord looks at what is in the heart. | 1 Samuel 16:7b (NIRV)

## Leader Tip:

Highlight that God will help us keep going even when we feel like we can't. Also, emphasize that asking God to help us see people the way he sees them helps us love others better.

## Ms My Story

- 1. Conversation Starter** **7 minutes**  
Talk with the students about what—and who—they want to be when they're older. Lead into today's Big Idea by discussing who they think God wants them to be.
- 2. Intro Activity** **5 minutes \***  
Divide into small groups and learn about Eric Liddell, Dorothy Day, Corrie ten Boom, and Robert Pierce and who God created them to be.

## Gs

## God Story

## Ls

## Life Story

- 3. Weekly Video** **12 minutes**  
Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

## Ms

## My Story

- 4. Application Activity** **12 minutes \***  
Read passages from 1 Samuel 17 and explore who God made David to be and who people expected him to be. Work in small groups to fill in an activity page.
- 5. Wrap-Up Activity** **10 minutes**  
Flip over the activity page from the Application Activity and focus on who God created the students to be.

## Os

## Our Story

- 6. Dismissal** **2 minutes**

\* Extend as needed and adjust timing for other activities.





## 1. CONVERSATION STARTER

### Supplies:

- None

### Leader Tip:

- Greet the students by name as they arrive. If you do not already know the names of everyone in your group, try to learn one or two each week.

### Instructions:

- Welcome the students and gather everyone together.
- Check in quickly to see how their week went.
- Ask:
  - Has anyone ever asked you what you want to be when you grow up? How did you answer?
  - Has anyone ever asked you WHO you want to be when you grow up?
  - What's the difference between these questions?
  - Who do you think God wants you to be?
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.
- Introduce the Big Idea: **God helps us be who he created us to be.**

## 2. INTRO ACTIVITY

### Supplies:

- Created For signs
- Wall-safe tape

### Before the Activity:

- Hang the signs around your group's space.

### Instructions:

- Divide the students into four groups.
- Direct each group to a different sign.
- Ask one student from each group to read aloud the text on the sign, including the question.
- Prompt the group members to discuss their responses to the question.
- When they're done, guide the groups to move to another sign.
- Repeat until the groups have read and discussed each person highlighted on the signs.



### 3. WEEKLY VIDEO

#### Supplies:

- Video file

#### Instructions:

- Play the video. It includes:
  - Host segment
  - God Story (David and Goliath | 1 Samuel 17)
  - Life Story (Chloe was unhappy and depressed after moving from Luxemburg to Canada. She read the Bible and put verses up in her room to be reminded of God's promises, and she went to therapy. The love of her family, drawing closer to God, and joining the youth at TMH, helped her and she is now in a much better place in life.)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Ask:
  - How do these stories and today's Big Idea (**God helps us be who he created us to be**) connect?
  - Do you have a story from your own life that also connects?



### 4. APPLICATION ACTIVITY

#### Supplies:

- Key Verse sign
- Wall-safe tape
- Bibles
- David and You activity pages
- Pens

#### Leader Tip:

- The flipside of the activity pages will be used in the next activity.

#### Instructions:

- Hang or hold up the Key Verse sign.
- Review 1 Samuel 16:7 together.
- Explain that learning Bible verses can be hard for some people. However, it's worth it because having them stored in our minds is helpful as we journey through life!
- Divide the students into groups of three or four people.
- Give each person an activity page and a pen.
- Ensure everyone has a Bible. Share them if needed.
- Quickly review how to find 1 Samuel 17 in the Bible.
- Explain that the groups will look up parts of the chapter to see who God made David to be. The students will explore people's expectations for David versus God's expectations, as well as David's faith in God.
- Guide the group members to work together to find the passages on the "David" side of the activity page and fill in the blanks. Help them as needed.
- To wrap up, remind everyone that when David was challenged, he trusted in God and who God wanted him to be. **God helps us be who he created us to be!**

## 5. WRAP-UP ACTIVITY

**Supplies:**

- David and You activity pages
- Pens

**Instructions:**

- a. Direct everyone to flip over their activity pages to the "You" side.
- b. Review this side of the page together.
- c. Give the students time to reflect and fill in the blanks themselves.
- d. Invite them to partner up with someone whom they are comfortable sharing their answers.
- e. Gather the group back together.
- f. Pray that the students would ask God to help them be who he created them to be.



## 6. DISMISSAL

**Supplies:**

- Take-home cards
- Key Verses cards

**Instructions:**

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have all their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.